



## PERMANENT HAIR REDUCTION

An Intense pulse light treatment to permanently reduce any unwanted hair. Hassle-free and visibly great results after just a few treatments. Consultation needed.

<b>Small Treatment Areas</b>	<b>£60 per session</b>
<b>Course of 6</b>	<b>£300</b>

One of the following areas: Chin, Ear lobes, Eyebrows, Fingers or toes, Front or back of neck, Hands or feet, Lip, Navel, Nipples, Side of cheeks, Underarms

<b>Medium Treatment Areas</b>	<b>£110 per session</b>
<b>Course of 6</b>	<b>£550</b>

One of the following areas: Beard, Bikini line classic, Chin and neck, Feet and toes, Hands and fingers, Half arm, Lip and chin

<b>Medium to Large Areas</b>	<b>£170 per sessions</b>
<b>Course of 6</b>	<b>£850</b>

One of the following areas: Brazilian, Full face including eyebrows, Full arm including hands and fingers, Half leg, Underarm and bikini line classic

<b>Large Treatment Area</b>	<b>£220 per session</b>
<b>Course of 6</b>	<b>£1100</b>

One of the following areas: Back, Chest, Full face including eyebrows and neck, Full leg including feet and toes, Hollywood, Underarm and brazilian

## IPL SKIN TREATMENTS

An intense pulse light treatment used to combat several signs of skin damage such as thread veins, rosacea, vascular lesions and pigmentation. Consultation needed.

<b>Single Lesion</b>	<b>£65 per session</b>
<b>Half Face</b>	<b>£120 per session</b>
<b>Full Face</b>	<b>£170 per session</b>



## NEW ADVANCED ELECTROLYSIS

Skin tags, Moles, Blood/vein spots, Dermatitis papulosa nigra, Sebaceous hyperplasia, Warts, Milia, Syringoma

<b>Single Lesion</b>	<b>£65</b>
<b>Up To 5 Lesions</b>	<b>£120</b>
<b>Up To 10 Lesions</b>	<b>£170</b>

Seborrheic keratosis, Cysts

<b>Single Lesion</b>	<b>£85</b>
<b>Up To 5 Lesions</b>	<b>£140</b>
<b>Up To 10 Lesions</b>	<b>£180</b>

Xanthelasma, Verrucas

<b>Per Session</b>	<b>£85</b>
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Thread veins (face or body)

<b>Per 30min Session</b>	<b>£90</b>
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*\* all prices subject to change upon consultation*



## BODY MASSAGE

Using Swedish and sports massage techniques, a massage at Escape will relieve tight muscles and aches, reduce stress and leave your body and mind feeling balanced and harmonious.

<b>Back, Neck and Shoulder Massage</b>	<b>30mins</b>	<b>£39</b>
<b>Full Body Massage</b>	<b>1hr</b>	<b>£65</b>
<b>Indian Head</b>	<b>30mins</b>	<b>£39</b>
<b>Sports Back, Neck &amp; Shoulder Massage</b>		<b>£44</b>
<b>Sports Full Body Massage</b>		<b>£73</b>

## AROMATHERAPY

Indulge yourself in a massage with a specially formulated blend of essential oils to treat your skin, body and mind.

<b>Back, Neck and Shoulder</b>	<b>30mins</b>	<b>£43</b>
<b>Full Body</b>	<b>1hr</b>	<b>£70</b>
<b>Face and Full Body</b>		<b>£73</b>

## LAVA SHELLS

Upgrade your massage to a lava shell and allow your body to absorb the benefits of a heat treatment. The warming shells will help muscles to become more supple as well as increase blood circulation leading to a more effective massage.

<b>Lava Shell Back, Neck and Shoulder</b>	<b>£44</b>
<b>Lava Shell Full Body</b>	<b>£73</b>

## THALGO BODY TREATMENTS

As specialists in thalassotherapy and spa expertise, Thalgo harnesses all the riches of the sea: oligo-elements, proteins, amino-acids, minerals, and vitamins.

With each treatment individually catered to treat your body and mind, allow Thalgo to take you on a journey of indulgence.

<b>Full Body Scrub</b>	<b>£40</b>
<b>Full Body Wrap</b>	<b>£50</b>
<b>Full Body Scrub and Massage</b>	<b>£70</b>
<b>Cream Marine Wrap and Massage</b>	<b>£75</b>
<b>Scrub and Wrap Combo</b>	<b>£75</b>
<b>Scrub, Wrap and Massage Combo</b>	<b>£100</b>

Add the following to any Thalgo Body Treatment:

<b>NEW Discovery of the Sea Facial</b>	<b>+£30</b>
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## NEW Tahitian Back Ritual

Escape to the tropical climate of the French Polynesia with this indulgent back ritual. Let the island scrub, rich with coconut husks and sands from Bora Bora, bring nourishment to your skin whilst the rhythms of the traditional Tahitian massage ease your troubles away.

<b>NEW Tahitian Back Ritual</b>	<b>£44</b>
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# ESCAPE

## WELLBEING THERAPIES

PRICES FROM DECEMBER 2024

### Opening Hours

Monday - Thursday	9:00am - 9:00pm
Friday - Saturday	9:00am - 5:30pm
Sunday	Closed

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT  
Tel: 01296 426666 Email: escapewellbeingtherapies@hotmail.co.uk

[www.escapewellbeingtherapies.com](http://www.escapewellbeingtherapies.com)

Gift vouchers available. 20% NHS staff discount off treatments.



## NAILS

### MANICURES

Please allow drying time for these treatments as they are done using normal nail varnish.

**File and Polish** £20

**Full Manicure** £35

The full works to get your hands and nails tip top! Includes file, cuticle work, scrub to remove dry skin, massage and polish of nails (can include French polish).

**Luxury Manicure** £40

A luxurious treatment including all of the above as well as a deeply penetrating hydration mask and a longer massage.

### PEDICURES

Please bring flip flops for these treatments as they are done using normal nail varnish.

**File and Polish** £20

**Full Pedicure** £40

Indulge in a soothing foot soak followed by file and shape of the nails, cuticle work, removal of hard skin, exfoliating scrub, massage and polish of nails (can include French polish). Leaving you with feet you will want to show off.

**Luxury Pedicure** £45

A treatment for even the most tired feet. Treat yourself to all of the above as well as a longer massage and a deeply penetrating hydration mask.

### SHELLACS

Using the official CND brand of shellac. You can expect your nail polish to last up to 2 weeks without sacrificing nail condition. Shellacs offer a strong but flexible coloured coating to the natural nail as well as a gentle removal leaving your nails stronger and longer than ever. It's so good it doesn't even need drying time.

**File and Polish** £29

**Soak Off with File and Polish** £35.50

**Shellac Manicure** £41

**Luxury Shellac Manicure** £46

**Shellac Pedicure** £46

**Luxury Shellac Pedicure** £51

**Soak Off** £13

**Soak offs half price** when combined with a new set of shellacs.



## EYE TREATMENTS

### EYELASHES & EYEBROWS

**Eyesh Tint** £18

**Eyebrow Tint** £11

**Eyesh and Eyebrow Tint** £26

**Eyebrow Wax and Tint** £20

**Mylash Lift including Tint** £50

Mylash lift is designed to make the natural lashes look longer, darker and thicker, with results lasting up to 8 weeks. This treatment is perfect for those wanting that false lash look without the upkeep of false lashes.

**NEW Brow Lamination including Tint** £40

Enjoy this popular treatment, with results lasting up to 6 weeks, to enhance the look of your natural brows. Whether you want your thinning brows to appear thicker and darker, or you just want the 'on-trend' brushed up look - this treatment is great for everyone.



## TANNING

### ST. TROPEZ TANNING

**Full Body Spray Tan** £37

**Express Tan** £38

Express tan gives the ability to wash the tan off in just 1 hour.



## WAXING

### FACE & BODY WAXING

**Eyebrow Shape** £11

**Lip** £11

**Chin** £11

**Nostrils** £12

**Underarm** £12

**½ Arm** £15

**Full Arm** £22

**Bikini Line Classic** £17

**Brazilian** £22

**Playboy or Hollywood** £28

**½ Leg** £21

**¾ Leg** £26

**Full Leg** £31

**Back** £30

**Chest** £30

**Back and Chest** £55

**Lip, Chin and Eyebrow Shape** £30

Combination of any 2 of the following:

**Lip, Chin or Eyebrow Shape** £19

**Any leg and bikini wax combo, save 10% on bikini.** Any other areas for waxing can be priced on consultation.



## FACIALS

### CRYSTAL CLEAR FACIALS

**Crystal Clear Microdermabrasion** £57

With Crystal Clear being the leading brand in microdermabrasion, your skin will receive an extremely effective form of exfoliation, combined with luxurious products and a lifting masque to increase elastin and collagen production and improve all over skin complexion.

**Crystal Clear Oxygen Therapy** £67

This facial will breathe new life into your skin. Designed with a patented anti-ageing serum to target fine lines and wrinkles and lift tired skin.

**Crystal Clear Microdermabrasion, Oxygen Therapy and Mini Masque Lift** £117

Using a combination of all of the above to tackle any skin problem to leave supreme results, but with down time added to indulge in the luxury of Crystal Clear's finest products.

**Crystal Clear COMCIT Elite Frozen Facial** £140

A firm favourite of celebrities world-wide, this truly is the elite of all facials. combining the resurfacing benefits of the microdermabrasion, the plumping of the oxygen, and introducing the micro-channelling roller; this treatment will infuse your skin with hyaluronic acid and vitamin C to erase wrinkles, lift and firm the skin, deeply hydrate, fade acne scarring and much more. Talk to our professionals for your personalised COMCIT facial.

All Crystal Clear treatments are beneficial as a course. **Buy 5 get the 6th free** and receive **10% off crystal clear products** during your course.

### NEW THALGO FACIALS

**Discovery of the Sea** £40

A mini facial for those in need of a quick boost or as an introduction to Thalgos luxurious range. Start your Thalgo journey with our discovery of the sea facial.

**Heart of the Ocean Facial** £60

This signature facial seamlessly blends high-performance professional products with a sensory relaxing massage to help you drift away to exotic locations. Personalised to any skin type- this indulgent facial is designed to kick-start your skin into it's wellbeing journey.

**Peeling Marin** £50

This superficial peel treatment uses acids from fermented micronised marine algae to target the signs of ageing and give a 'new-skin' effect and amazing results in just 30 minutes.

Level 1 peel - smoothing, radiance, plumpness

Level 2 peel - wrinkles, pores, tonicity

Level 3 peel - deep wrinkles, evens skin tone, firmness

All Thalgo facials come with a **free Thalgo product.**