

## PERMANENT HAIR REDUCTION

An Intense pulse light treatment to permanently reduce any unwanted hair. Hassle-free and visibly great results after just a few treatments. Consultation needed.

Small Treatment Areas	£60 per session	
Course of 6	£300	

One of the following areas: Chin, Ear lobes, Eyebrows, Fingers or toes, Front or back of neck, Hands or feet, Lip, Navel, Nipples, Side of cheeks, Underarms

Medium Treatment Areas	£110 per session
Course of 6	£550

One of the following areas: Beard, Bikini line classic, Chin and neck, Feet and toes, Hands and fingers, Half arm, Lip and chin

Medium to Large Areas	£170 per sessions
Course of 6	£850

One of the following areas: Brazilian, Full face including eyebrows, Full arm including hands and fingers, Half leg, Underarm and bikini line classic

Large Treatment Area	£220 per session
Course of 6	£1100

One of the following areas: Back, Chest, Full face including eyebrows and neck, Full leg including feet and toes, Hollywood, Underarm and brazilian

## **IPL SKIN TREATMENTS**

An intense pulse light treatment used to combat several signs of skin damage such as thread veins, rosacea, vascular lesions and pigmentation. Consultation needed.

Single Lesion	£65 per session
Half Face	£120 per session
Full Face	£170 per session



## **NEW** ADVANCED ELECTROLYSIS

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Skin tags, Moles, Blood/vein spots, Dermatosis papulosa nigra, Sebaceous hyperplasia, Warts, Milia, Syringoma.

Xanthelasma, Verrucas Thread Veins (Face or Body)		35 per session 30min session
£85	£140	£180
Lesions Single	Up To 5	Up To 10
Seborrheic keratosis, Cysts		
£65	£120	£170
Lesions Single	Up 10 5	Up 10 10

<sup>\*</sup> All prices subject to change upon consultation

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## **NEW LASER TATTOO REMOVAL**

Using 1 of the best Q-switched lasers on the market, laser tattoo removal is considered to be the most effective and safest way to remove both professional and amateur tattoos as well as semi permanent makeup. Done as a course of mildly uncomfortable treatments with a free initial consultation.

Lycbiows					200
Area Inch Sq.	1	2	3	4	5
1 Colour	£80	£100	£120	£140	£160
Multi Coloured	£100	£120	£140	£160	£180

<sup>\*</sup> Larger areas to be priced on consultation. Multi-treatment discount may be offered



## **BODY MASSAGE**

Using Swedish and sports massage techniques, a massage at Escape will relieve tight muscles and aches, reduce stress and leave your body and mind feeling balanced and harmonious.

Back, Neck and Shoulder Massage	30mins	£4
Full Body Massage	1hr	£6
Indian Head	30mins	£4
Sports Back, Neck & Shoulder Massage		£4
Sports Full Body Massage		£7

## **AROMATHERAPY**

Indulge yourself in a massage with a specially formulated blend of essential oils to treat your skin, body and mind.

Back, Neck and Shoulder	30mins	£44
Full Body	1hr	£70
Face and Full Body		£74

## LAVA SHELLS

Upgrade your massage to a lava shell and allow your body to absorb the benefits of a heat treatment. The warming shells will help muscles to become more supple as well as increase blood circulation leading to a more effective massage.

ava Shel	Back, Neck and Shoulder	£45
ava Shel	l Full Body	£75

# THALGO BODY TREATMENTS

As specialists in thalassotherapy and spa expertise, Thalgo harnesses all the riches of the sea: oligo-elements, proteins, amino-acids, minerals, and vitamins.

With each treatment individually catered to treat your body and mind, allow Thalgo to take you on a journey of indulgence.

Full Body Scrub	£40
Full Body Wrap	£50
Full Body Scrub and Massage	£70
Cream Marine Wrap and Massage	£75
Scrub and Wrap Combo	£75
Scrub, Wrap and Massage Combo	£100

Add a **Discovery of the Sea Facial** to any Thalgo body treatment for just an **extra £30**.

## **NEW** Tahitian Back Ritual

Escape to the tropical climate of the French Polynesia with this indulgent back ritual. Let the island scrub, rich with coconut husks and sands from Bora Bora, bring nourishment to your skin whilst the rhythms of the traditional Tahitian massage ease your troubles away.

NEW Tahitian Back Ritual	£44



PRICES FROM OCTOBER 2025

## **Opening Hours**

Monday - Thursday 9:00am - 9:00pm Friday - Saturday 9:00am - 5:30pm Sunday Closed

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT Tel: 01296 426666 Email: escapewellbeingtherapies@hotmail.co.uk

www.escapewellbeingtherapies.com

Gift vouchers available, 20% NHS staff discount off treatments.



## **MANICURES**

Please allow drying time for these treatments as they are done using normal nail varnish.

File and Polish	£22	
Full Manicure	£36	

The full works to get your hands and nails tip top! Includes file, cuticle work, scrub to remove dry skin, massage and polish of nails (can include French polish).

Luxury Manicure	£41
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A luxurious treatment including all of the above as well as a deeply penetrating hydration mask and a longer massage.

## **PEDICURES**

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Please bring flip flops for these treatments as they are done using normal nail varnish.

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E 0.5 0	0.44
Full Pedicure	£41

Indulge in a soothing foot soak followed by file and shape of the nails, cuticle work, removal of hard skin, exfoliating scrub, massage and polish of nails (can include French polish). Leaving you with feet you will want to show off.

Luxury Pedicure	£46
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A treatment for even the most tired feet. Treat yourself to all of the above as well as a longer massage and a deeply penetrating hydration mask.

## **SHELLACS**

Using the official CND brand of shellac. You can expect your nail polish to last up to 2 weeks without sacrificing nail condition. Shellacs offer a strong but flexible coloured coating to the natural nail as well as a gentle removal leaving your nails stronger and longer than ever. It's so good it doesn't even need drying time.

File and Polish	£30
Soak Off with File and Polish	£35.50
File and Polish with Cuticles	£36
Shellac Manicure	£42
uxury Shellac Manicure	£47
Shellac Pedicure	£47
uxury Shellac Pedicure	£52
Soak Off	£13

**Soak offs half price** when combined with a new set of shellacs.

## **FUNGAL LASER TREATMENT**

Fungal Nail Laser	Treatment	£6

Using world leading technology, treat pesky fungal nail infections with a course of laser treatments. A quick and easy process with 1 of our clinicians.



## EYELASHES & EYEBROWS

yelash Tint	£20
yebrow Tint	£12
yelash and Eyebrow Tint	£30
yebrow Wax and Tint	£21
/lylash Lift including Tint	£53

Mylash lift is designed to make the natural lashes look longer, darker and thicker, with results lasting up to 8 weeks. This treatment is perfect for those wanting that false lash look without the upkeep of false lashes.

### NEW Brow Lamination including Tint £40

Enjoy this popular treatment, with results lasting up to 6 weeks, to enhance the look of your natural brows. Whether you want your thinning brows to appear thicker and darker, or you just want the 'on-trend' brushed up look - this treatment is great for everyone.



## ST. TROPEZ TANNING

Full Body Spray Tan	£37
Express Tan	£38
Express tan gives the ability to wash the tan off in just 1	1 hour.



## FACE & BODY WAXING

Eyebrow Shape	£11
Lip	£11
Chin	£11
Nostrils	£12
Underarm	£12
½ Arm	£15
Full Arm	£25
Bikini Line Classic	£18
Brazilian	£23
Playboy or Hollywood	£30
½ Leg	£23
¾ Leg	£28
Full Leg	£33
Back	£32
Chest	£32
Back and Chest	£57
Lip, Chin and Eyebrow Shape	£31
Combination of any 2 of the following:	
Lip, Chin or Eyebrow Shape	£20

Any leg and bikini wax combo, **save 10% on bikini**. Any other areas for waxing can be priced on consultation.



## CRYSTAL CLEAR FACIALS

## Crystal Clear Microdermabrasion £58

With Crystal Clear being the leading brand in microdermabrasion, your skin will receive an extremely effective form of exfoliation, combined with luxurious products and a lifting masque to increase elastin and collagen production and improve all over skin complexion.

#### Crystal Clear Oxygen Therapy £68

This facial will breathe new life into your skin. Designed with a patented anti-ageing serum to target fine lines and wrinkles and lift tired skin.

## Crystal Clear Microdermabrasion, Oxygen Therapy and Mini Masque Lift £119

Using a combination of all of the above to tackle any skin problem to leave supreme results, but with down time added to indulge in the luxury of Crystal Clear's finest products.

## Crystal Clear COMCIT Elite Frozen Facial £140

A firm favourite of celebrities world-wide, this truly is the elite of all facials. combining the resurfacing benefits of the microdermabrasion, the plumping of the oxygen, and introducing the micro-channelling roller; this treatment will infuse your skin with hyaluronic acid and vitamin C to erase wrinkles, lift and firm the skin, deeply hydrate, fade acne scarring and much more. Talk to our professionals for your personalised COMCIT facial.

All Crystal Clear treatments are beneficial as a course. **Buy 5 get the 6th free** and receive **10% off crystal clear products** during your course.

## **NEW** THALGO FACIALS

#### Discovery of the Sea

£40

£60

A mini facial for those in need of a quick boost or as an introduction to Thalgos luxurious range. Start your Thalgo journey with our discovery of the sea facial.

#### Heart of the Ocean Facial

This signature facial seamlessly blends high-performance professional products with a sensory relaxing massage to help you drift away to exotic locations. Personalised to any skin type- this indulgent facial is designed to kick-start your skin into it's wellbeing journey.

#### Peeling Marin £50

This superficial peel treatment uses acids from fermented micronised marine algae to target the signs of ageing and give a 'new-skin' effect and amazing results in just 30 minutes. Level 1 peel - smoothing, radiance, plumpness Level 2 peel - wrinkles, pores, tonicity Level 3 peel - deep wrinkles, evens skin tone, firmness

Free Thalgo product with all Thalgo facials.

## **NEW** MICRONFEDLING

#### Microneedling

£99

This advanced facial treatment will rejuvenate your skin, smooth out fine lines, fade acne scars, and restore a healthy glow. Microneedling is the ultimate treatment that works from within, boosting collagen and elastin production, evening out skin tone, removing pigmentation and reducing signs of aging. Can also work great on the body too.

Best results after a course of treatment, buy 5 get the 6th free.