



IPL

## PERMANENT HAIR REDUCTION

An Intense pulse light treatment to permanently reduce any unwanted hair. Hassle-free and visibly great results after just a few treatments.

Consultation needed.

**Small Treatment Areas** ..... £55 per session

**Course of 6** ..... £260

One of the following areas: Chin, Ear lobes, Eyebrows, Fingers or toes, Front or back of neck, Hands or feet, Lip, Navel, Nipples, Side of cheeks, Underarms

**Medium Treatment Areas** ..... £100 per session

**Course of 6** ..... £480

One of the following areas: Beard, Bikini line classic, Chin and neck, Feet and toes, Hands and fingers, Half arm, Lip and chin

**Medium to Large Areas** ..... £155 per sessions

**Course of 6** ..... £740

One of the following areas: Brazilian, Full face including eyebrows, Full arm including hands and fingers, Half leg, Underarm and bikini line classic

**Large Treatment Area** ..... £200 per session

**Course of 6** ..... £960

One of the following areas: Back, Chest, Full face including eyebrows and neck, Full leg including feet and toes, Hollywood, Underarm and brazilian

*All prices are subject to consultation.*

## SKIN TREATMENTS

An intense pulse light treatment used to combat several signs of skin damage such as:

- Red vein removal including thread veins, rosacea, spider naevi, port wine stains, campbell de morgan spots (red spots) and poikiloderma of cavette
- Pigmentation removal such as sun spots and freckles
- Skin rejuvenation for fine lines and wrinkles
- Acne

Consultation needed.

**Single Lesion** ..... £60 per session

**Course of 3** ..... £160

**Course of 6** ..... £290

**Half Face** ..... £120 per session

**Course of 3** ..... £325

**Course of 6** ..... £575

**Full Face** ..... £160 per session

**Course of 3** ..... £430

**Course of 6** ..... £765



BODY TREATMENTS

## BODY MASSAGE

Using Swedish and sports massage techniques, a massage at Escape will relieve tight muscles and aches, reduce stress and leave your body and mind feeling balanced and harmonious.

**Back, Neck and Shoulder Massage** ..... 30mins £37

**Full Body Massage** ..... 1hr £62

**Indian Head** ..... 30mins £37

**Sports Back, Neck & Shoulder Massage** ..... £42

**Sports Full Body Massage** ..... £67

## AROMATHERAPY

Indulge yourself in a massage with a specially formulated blend of essential oils to treat your skin, body and mind.

**Back, Neck and Shoulder** ..... 30mins £40

**Full Body** ..... 1hr £65

**Face and Full Body** ..... £67

## LAVA SHELLS

Upgrade your massage to a lava shell and allow your body to absorb the benefits of a heat treatment. The warming shells will help muscles to become more supple as well as increase blood circulation leading to a more effective massage.

**Lava Shell Back, Neck and Shoulder** ..... £42

**Lava Shell Full Body** ..... £67

## NEW THALGO BODY TREATMENTS

As specialists in thalassotherapy and spa expertise, Thalgo harnesses all the riches of the sea: oligo-elements, proteins, amino-acids, minerals, and vitamins.

With each treatment individually catered to treat your body and mind, allow Thalgo to take you on a journey of indulgence.

**Full Body Scrub** ..... £40

**Full Body Wrap** ..... £50

**Full Body Scrub and Massage** ..... £70

**Cream Marine Wrap and Massage** ..... £75

**Scrub and Wrap Combo** ..... £75

**Scrub, Wrap and Massage Combo** ..... £100



# ESCAPE

## WELLBEING THERAPIES

Prices from January 2023

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT

Tel: 01296 426666 Email: [escapewellbeingtherapies@hotmail.co.uk](mailto:escapewellbeingtherapies@hotmail.co.uk)

[www.escapewellbeingtherapies.com](http://www.escapewellbeingtherapies.com)

Gift vouchers available. 20% NHS staff discount off treatments.

Mon 9:00am - 3:00pm

Tues - Thurs 9:00am - 9:00pm

Fri - Sat 9:00am - 5:30pm

Sun Closed





## NAILS

### MANICURES

Please allow drying time for these treatments as they are done using normal nail varnish.

**File and Polish** £19

**Full Manicure** £32

The full works to get your hands and nails tip top! Includes file, cuticle work, scrub to remove dry skin, massage and polish of nails (can include French polish).

**Luxury Manicure** £37

A luxurious treatment including all of the above as well as a deeply penetrating hydration mask and a longer massage.

### PEDICURES

Please bring flip flops for these treatments as they are done using normal nail varnish.

**File and Polish** £19

**Full Pedicure** £37

Indulge in a soothing foot soak followed by file and shape of the nails, cuticle work, removal of hard skin, exfoliating scrub, massage and polish of nails (can include French polish). Leaving you with feet you will want to show off.

**Luxury Pedicure** £42

A treatment for even the most tired feet. Treat yourself to all of the above as well as a longer massage and a deeply penetrating hydration mask.

### SHELLACS

Using the official CND brand of shellac. You can expect your nail polish to last up to 2 weeks without sacrificing nail condition. Shellacs offer a strong but flexible coloured coating to the natural nail as well as a gentle removal leaving your nails stronger and longer than ever. It's so good it doesn't even need drying time.

**File and Polish** £27

**Soak Off with File and Polish** £33

**Shellac Manicure** £37

**Luxury Shellac Manicure** £4

**Shellac Pedicure** £42

**Luxury Shellac Pedicure** £48

**Shellac Manicure and Pedicure Combo** £70

**Soak Off** £12

**Soak offs half price** when combined with a new set of shellacs.



## EYE TREATMENTS

### EYELASHES & EYEBROWS

**Eyesh Tint** £18

**Eyebrow Tint** £11

**Eyesh and Eyebrow Tint** £24

**Eyebrow Wax and Tint** £20

**Mylash Lift including Tint** £50

Mylash lift is designed to make the natural lashes look longer, darker and thicker, with results lasting up to 8 weeks. This treatment is perfect for those wanting that false lash look without the upkeep of false lashes.



## EAR TREATMENTS

### HOPI EAR CANDLES

A soothing and relaxing treatment for the ears to relieve blockages, pressure and wax build-up.

**Hopi Ear Candles** £27



## TANNING

### ST. TROPEZ TANNING

**Full Body Spray Tan** £35

**Express Tan** £37

Express tan gives the ability to wash the tan off in just 1 hour.



## WAXING

### FACE & BODY WAXING

**Eyebrow Shape** £11

**Lip** £11

**Chin** £11

**Nostrils** £12

**Underarm** £12

**½ Arm** £15

**Full Arm** £22

**Bikini Line Classic** £17

**Brazilian** £22

**Playboy or Hollywood** £28

**½ Leg** £20

**¾ Leg** £25

**Full Leg** £30

**Back** £28

**Chest** £28

**Back and Chest** £50

**Lip, Chin and Eyebrow Shape** £26

Combination of any 2 of the following:

**Lip, Chin or Eyebrow Shape** £18

Any leg and bikini wax combo, **save 20% on bikini**. Any other areas for waxing can be priced on consultation.



## FACIALS

### CRYSTAL CLEAR FACIALS

**Crystal Clear Microdermabrasion** £55

With Crystal Clear being the leading brand in microdermabrasion, your skin will receive an extremely effective form of exfoliation, combined with luxurious products and a lifting masque to increase elastin and collagen production and improve all over skin complexion.

**Crystal Clear Oxygen Therapy** £65

This facial will breathe new life into your skin. Designed with a patented anti-ageing serum to target fine lines and wrinkles and lift tired skin.

**Crystal Clear Microdermabrasion, Oxygen Therapy and Mini Masque Lift** £115

Using a combination of all of the above to tackle any skin problem to leave supreme results, but with down time added to indulge in the luxury of Crystal Clear's finest products.

**NEW Crystal Clear COMCIT Elite Frozen Facial** £140

A firm favourite of celebrities world-wide, this truly is the elite of all facials. combining the resurfacing benefits of the microdermabrasion, the plumping of the oxygen, and introducing the micro-channelling roller; this treatment will infuse your skin with hyaluronic acid and vitamin C to erase wrinkles, lift and firm the skin, deeply hydrate, fade acne scarring and much more. Talk to our professionals for your personalised COMCIT facial.

All Crystal Clear treatments are beneficial as a course. **Buy 5 get the 6th free and receive 10% off crystal clear products during your course.**

### DERMALOGICA FACIALS

Using this award-winning brand, each Dermalogica facial uses an extensive range of products to give each customer a personalised facial, tailor-made to suit their skins needs.

**Express Facial** £40

Can be used as a great introduction to this exclusive product range, or as an express facial can be booked in as a quick boost to your skin's regular skin care routine. Includes a skin analysis, double cleanse, exfoliation, masque, and moisturise.

**Prescription Facial** £50

A luxuriously relaxing, yet beneficial facial, using specifically chosen products to suit your skin type. Let the products do the work whilst you drift off. Includes a skin analysis, double cleanse, exfoliation, facial and shoulder massage, masque, targeted booster and moisturise.

**Multi-Vitamin Power Exfoliant Facial** £55

This effective facial combines all the luxury of a prescription facial but with the added extra of a vitamin packed exfoliation treatment. Designed to improve elasticity, complexion and texture. Your skin will be left glowing and revitalised.

**NEW Crystal Clear COMCIT Elite Stretch Marks Fade** £32

Using the micro-channelling and topical infusions to penetrate into the dermal layer, your collagen and elastin production will be stimulated to leave your skin tauter, lifted and stretch marks visibly faded. Perfect for 'mum-tums', breast lifting and firming, and post-weight loss excess skin.