



IPL

## PERMANENT HAIR REDUCTION

An Intense pulse light treatment to permanently reduce any unwanted hair. Hassle-free and visibly great results after just a few treatments.

Consultation needed.

**Small Treatment Areas** £55 per session

**Course of 6** £260

One of the following areas: Chin, Ear lobes, Eyebrows, Fingers or toes, Front or back of neck, Hands or feet, Lip, Navel, Nipples, Side of cheeks, Underarms

**Medium Treatment Areas** £100 per session

**Course of 6** £480

One of the following areas: Beard, Bikini line classic, Chin and neck, Feet and toes, Hands and fingers, Half arm, Lip and chin

**Medium to Large Areas** £155 per sessions

**Course of 6** £740

One of the following areas: Brazilian, Full face including eyebrows, Full arm including hands and fingers, Half leg, Underarm and bikini line classic

**Large Treatment Area** £200 per session

**Course of 6** £960

One of the following areas: Back, Chest, Full face including eyebrows and neck, Full leg including feet and toes, Hollywood, Underarm and brazilian

*All prices are subject to consultation.*

## SKIN TREATMENTS

An intense pulse light treatment used to combat several signs of skin damage such as:

- Red vein removal including thread veins, rosacea, spider naevi, port wine stains, campbell de morgan spots (red spots) and poikiloderma of cavette
- Pigmentation removal such as sun spots and freckles
- Skin rejuvenation for fine lines and wrinkles
- Acne

Consultation needed.

**Single Lesion** £60 per session

**Course of 3** £160

**Course of 6** £290

**Half Face** £120 per session

**Course of 3** £325

**Course of 6** £575

**Full Face** £160 per session

**Course of 3** £430

**Course of 6** £765



WAXING

## FACE & BODY WAXING

All waxing done using the unique PHD waxing system which is completely free of any cross-contamination, leaving it a more hygienic method of waxing than standard pot systems.

**Eyebrow Shape** £11

**Lip** £11

**Chin** £11

**Underarm** £12

**½ Arm** £15

**Full Arm** £22

**Bikini Line Classic** £17

**Brazilian** £22

**Playboy or Hollywood** £28

**½ Leg** £20

**¾ Leg** £25

**Full Leg** £30

**Back** £28

**Chest** £28

**Back and Chest** £50

**Lip, Chin and Eyebrow Shape** £26

Combination of any 2 of the following:

**Lip, Chin or Eyebrow Shape** £18

Any leg and bikini wax combo, save 20% on bikini. Any other areas for waxing can be priced on consultation.



BODY TREATMENTS

## ST. TROPEZ TANNING

**Full Body Spray Tan** £33

**½ Body Spray Tan** £25

## BODY MASSAGE

Using Swedish and sports massage techniques, a massage at Escape will relieve tight muscles and aches, reduce stress and leave your body and mind feeling balanced and harmonious.

**Back, Neck and Shoulder Massage** £35

**Full Body Massage** £55

**Indian Head** £35

## LAVA SHELLS

Upgrade your massage to a lava shell and allow your body to absorb the benefits of a heat treatment. The warming shells will help muscles to become more supple as well as increase blood circulation leading to a more effective massage.

**Lava Shell Back, Neck and Shoulder** £40

**Lava Shell Full Body** £60

## NEW REFLEXOLOGY

Reflexology is a holistic treatment which helps to balance and restore your mind, body and spirit. Using your feet and your hands as maps of the body, your therapist can use specialised techniques to treat the body as a whole.

**Hands or Feet** £45

**Hands and Feet Combo** £75



# ESCAPE

WELLBEING THERAPIES

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT  
Tel: 01296 426666 Email: [escapewellbeingtherapies@hotmail.co.uk](mailto:escapewellbeingtherapies@hotmail.co.uk)

[www.escapewellbeingtherapies.com](http://www.escapewellbeingtherapies.com)

Gift vouchers available. 20% NHS staff discount off treatments.

|              |                 |
|--------------|-----------------|
| Mon          | 9:00am - 3:00pm |
| Tues - Thurs | 9:00am - 9:00pm |
| Fri - Sat    | 9:00am - 5:30pm |
| Sun          | Closed          |





## NAILS

### MANICURES

Please allow drying time for these treatments as they are done using normal nail varnish.

**File and Polish** £18

**Full Manicure** £30

The full works to get your hands and nails tip top! Includes file, cuticle work, scrub to remove dry skin, massage and polish of nails (can include French polish).

**Luxury Manicure** £35

A luxurious treatment including all of the above as well as a deeply penetrating hydration mask and a longer massage.

### PEDICURES

Please bring flip flops for these treatments as they are done using normal nail varnish.

**File and Polish** £18

**Full Pedicure** £35

Indulge in a soothing foot soak followed by file and shape of the nails, cuticle work, removal of hard skin, exfoliating scrub, massage and polish of nails (can include French polish). Leaving you with feet you will want to show off.

**Luxury Pedicure** £40

A treatment for even the most tired feet. Treat yourself to all of the above as well as a longer massage and a deeply penetrating hydration mask.

### SHELLACS

Using the official CND brand of shellac. You can expect your nail polish to last up to 2 weeks without sacrificing nail condition. Shellacs offer a strong but flexible coloured coating to the natural nail as well as a gentle removal leaving your nails stronger and longer than ever. It's so good it doesn't even need drying time.

**File and Polish** £25

**Soak Off with File and Polish** £30

**Shellac Manicure** £35

**Shellac Pedicure** £40

**Shellac Manicure and Pedicure Combo** £65

**Soak Off** £10



## EYE TREATMENTS

### EYELASHES & EYEBROWS

**Eyeshadow Tint** £18

**Eyebrow Tint** £11

**Eyeshadow and Eyebrow Tint** £24

**Eyebrow Wax and Tint** £20

**Express Eyelash Extensions** £45

Using Marvel lash extensions, Individual lashes are inserted along the lash line to create thicker, longer, darker and more voluptuous lashes. Lasting up to 3 weeks and causing no damage to the natural lash. Price for infills upon consultation.

**Mylash Lift** £48

Mylash lift is designed to make the natural lashes look longer, darker and thicker, with results lasting up to 6 weeks. This treatment is perfect for those wanting that false lash look without the upkeep of false lashes.



## FACIALS

### DERMALOGICA FACIALS

Dermalogica is an award-winning, professional product line free of common irritants and ingredients regularly found in many other products such as SD alcohol, artificial colours and fragrances and mineral oils.

With an extensive range of products, each Dermalogica facial is tailor-made to suit your individual skin needs, be it hydration, anti-ageing or de-sensitisation.

**Express Facial** £40

Can be used as a great introduction to this exclusive product range, or as an express facial can be booked in as a quick boost to your skin's regular skin care routine.

Includes a skin analysis, double cleanse, exfoliation, masque, and moisturise.

**Prescription Facial** £50

A luxuriously relaxing, yet beneficial facial, using specifically chosen products to suit your skin type. Let the products do the work whilst you drift off.

Includes a skin analysis, double cleanse, exfoliation, facial and shoulder massage, masque, targeted booster and moisturise.

**Multi-Vitamin Power Exfoliant Facial** £55

This effective facial combines all the luxury of a prescription facial but with the added extra of a vitamin packed exfoliation treatment. Designed to improve elasticity, complexion and texture. Your skin will be left glowing and revitalised.



## FACIALS

### CRYSTAL CLEAR

Crystal Clear have been recognised as the market leaders in Microdermabrasion. Using the latest technology in machinery as well as a product range loved and used by spas, salons and celebrities worldwide. Crystal Clear is bound to tackle any of your skin worries. All Crystal Clear facials can be brought as a course for more extensive and longer lasting results.

**Crystal Clear Microdermabrasion** £55

**Course of 6** £275

**Course of 10** £440

Using the leading brand in this treatment, Microdermabrasion is an extremely effective form of exfoliation. Combined with luxurious products and a lifting masque, this facial is designed to target fine lines and wrinkles, acne scarring, pigmentation as well as increase the elastin and collagen production in the skin. After just 1 treatment your skin will be visibly brighter, smoother and more lifted.

**Crystal Clear Oxygen Therapy** £65

**Course of 5** £260

A combination of innovative machinery as well as specially patented anti-ageing serum. This facial will breathe new life into your skin. Designed to target lines and wrinkles, to lift tired and ageing skin as well as improve all over skin complexion. This facial is the treatment that keeps on giving as stimulation of cell renewal can continue even after the treatment is over.

**Crystal Clear Microdermabrasion and Oxygen Therapy Combined** £100

A masterful combination of both of the above treatments (without the mini masque lift), this treatment is designed to bring you a facial fully equipped to tackle all of your skin issues.

**Crystal Clear Microdermabrasion, Oxygen Therapy and Mini Masque Lift** £115

The absolute ultimate of all facials. Using a combination of all of the above to tackle any skin problem to leave supreme results, but with down time added to indulge in the luxury of Crystal Clear's finest products.

### HOPi EAR CANDLES

A soothing and relaxing treatment for the ears to relieve blockages, pressure and wax build-up.

**Hopi Ear Candles** £25