

## escape

Wellbeing Therapies

#### **Opening Hours**

 Monday
 9:00am - 3:00pm

 Tuesday
 9:00am - 8:00pm

 Wednesday
 9:00am - 8:00pm

 Thursday
 9:00am - 5:00pm

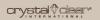
 Friday
 9:00am - 5:30pm

 Saturday
 9:00am - 5:30pm













# Gift Vouchers\* Free parking and fully air conditioned salon NHS and RAF get 25% Discount

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT Tel: 01296 426666

Prices as of March 2016

In order to avoid a 50% cancellation fee please allow 24 hours when cancelling appointments. Thank you.

\* Gift Vouchers are non refundable.

Vouchers cannot be extended.

All our treatment prices include VAT.

**BODY TREATMENTS** 

#### DERMALOGICA

Detoxify your body, de-stress your mind and revitalise your skin!

Hydro Active Mineral Salt Scrub £ 25

Aromatherapy Mineral Salts will polish and smooth the skin, destress muscles and relax the senses

Body Therapy Hydro Treatment £ 40

Thermal wrap to infuse the skin with moisture. An ultrasoothing hydrating treatment

Enzymatic Sea Mud Pack £ 40

Detoxify and nourish with a purifying seaweed and mineral mud poultice sealed in a warm relaxing wrap for smooth and supple skin

#### COMBINED TREATMENTS

Hydro Active Mineral Salt Scrub
& Body Therapy Hydro Treatment £ 55
Hydro Active Mineral Salt Scrub
& Enzymatic Sea Mud Pack £ 55

#### **TOTALLY LIPO & LASER LIPO AND LED**

Totally lipo offers a non surgical, non invasive, highly effective way to reduce the level of fat we store in our bodies resulting in inch loss.

LED skin rejuvenation. A relatively new light therapy technique that helps reduce the signs of ageing using red LEDs which stimulates collagen and elastin production diminishing lines and wrinkles.

Lipo or LED	£ 45
Lipo and LED Combined	£ 60
Introductory Course of 3	£ 99
Course of 5 (to be used within 4 weeks)	£ 180
Course of 10 (to be used within 8 weeks)	£ 350

## **BODY TANNING**

#### ST TROPEZ

The ultimate tan and the choice of celebrities and beauty editors. A complete range of tanning essentials to ensure you get the richest tan possible without the risk of skin damage and premature againg.

Air Spray full body tan	£ 30
Top-up tan - to be taken within 5 days	£ 22
Manual tan full body	£ 32
Full body polish and tan	£ 50
Lower Body	£ 15
Upper body	£ 20

## **HOLISTIC THERAPY**

Treatments to heal the whole person. A powerful influence on the mind, body and spirit to achieve balance, harmony and well-being.

#### Body Massage

Full Body Massage

Ease tight muscles, reduce stress and encourage relaxation

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•	Back, Neck and Shoulder Massage	£ 33
	Synchronised Massage	
	The ultimate relaxation, two therapists working in harmony	
•	delivering a deeper stress relieving massage.	
J	½ body	£ 45
	Full Body	£ 80

#### Indian Head Massage

An Ayurvedic remedy of healing to maintain balance within your inner energy. Help ease headaches, eyestrain, tension, fatigue and stress

#### Lava Shells

This revolutionary and unique massage is designed for women and men using naturally self warming tiger clam shells delivering a seamless treatment made to suit you

Back, Neck and Shoulder	£ 3/
Full Body 1hr	£ 57
Full body inc. Chest, Neck and Stomach 90mins	£ 80
Stomach-colonic cleanse	£ 27
Back, Neck, Shoulder and Stomach	£ 50

#### Hopi Ear Candles

A soothing and relaxing treatment for the ears to relieve pressure, wax build-up and inner ear blockage £ 25





Relax, unwind and indulge within a peaceful stress-free environment and feel totally refreshed, replenished and revived.

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Tel: 01296 426666

www.escapewellbeingtherapies.com escapewellbeingtherapies@hotmail.co.uk

## DERMALOGICA

Therapeutic, tailor made treatments to meet your individual needs targeting specific skin concerns from problematic, dehydrated, sensitised, sun damaged and prematurely ageing skin. Restore optimum skin health.

#### Express Facial £ 35

A quick fix at your convenience - a great introduction to this exclusive product range

#### £ 45 Prescription Facial

Individually tailored incorporating face mapping to analyse your skincare and treatment needs. Includes deep cleanse, exfoliation, facial and shoulder massage and a mask to suit your skin. The perfect facial to replenish your skin and relax your mind.

#### Multi-Vitamin Power Treatment

£ 250

Course of 5

£ 50

Deep penetrating vitamin and power exfoliation, the latest in vitamin repair - improve skin's elasticity, tone and texture For optimum skin smoothing and re-texturing

### **CRYSTAL CLEAR**

Technology at its latest - Discover why ultimate beauty is

#### Crystal Clear Oxygen £ 65 Course of 5 £270

Breathe new life into tired, dull, lined, wrinkled skin by delivering a pressure jet of pure oxygen and a specially patented antiageing serum with skin restructuring ingredients. Offering maximum hydration allowing visible plumping of lines and wrinkles. Results are immediate and continue to work after the treatment stimulating cell regeneration.

#### Crystal Clear Mini Mask Lift

£ 35

Anti-ageing mask using amino acids and algae extracts to soothe and hydrate the skin. Combined with it's ability to reduce wrinkle depth creating definition to jawbone, cheek and eyebrow area.

#### Crystal Clear Oxygen Mini Mask Lift

£ 75

The ultimate facial - the celebrities secret!

#### £ 30 Crystal Clear Oxygen Eye Contour Lift

£120 Course of 5

Excellent for tired eyes, helping to reduce dark circles and puffiness whilst firming the eye area and softening fine lines.

#### Crystal Clear Microdermabrasion

£ 55 Course of 6

£ 275

#### Course of 10 F 440

Crystal Clear Microdermabrasion offers a safe controlled method of skin resurfacing by gently exfoliating the outer layers of skin. An excellent and progressive solution to correct open pores, blackheads, pigmentation, blemish scars, acne scars, etc. The treatment also helps to increase new collagen and elastin fibres resulting in a firmer and more toned texture, via a correct lifting technique leaving the skin smooth, radiant, fresh and noticeably lifted.

## Microdermabrasion & Crystal Clear Oxygen combined

£ 90

Intensively restore skin's health for the ultimate rejuvenating anti-ageing experience. The designer facial!

## Crystal Clear Oxygen, microdermabrassion

& mini mask

£100

## **FINGERS AND TOES**

#### MANICURE

Immaculate manicure for the best dressed hands and nails. Following a moisturising cuticle soak and tidy, hands are treated to an exfoliation and nourishing massage, with nails then filed to 1 client specification and treated to a varnish with bio sculpture.

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	Express manicure	£ 20
	Full manicure	£ 27
	Re-Varnish	£ 10
	File & Polish	£ 15
D	Pristine manicure	£ 33

#### **PEDICURE**

Immaculate pedicure, perfectly groomed feet to be proud of. Following a revitalising foot soak and softening scrub, nails and cuticles are trimmed before a rejuvinating massage leaving feet feeling tingling and fresh prior to a varnish with bio sculpture.

Express pedicure	£ 25
Full pedicure	£ 32
Re-Varnish	£ 10
File & Polish	£ 15
Pristine pedicure	£ 37
Paraffin wax treatment	£ 15

#### **BIO SCULPTURE NAILS**

Natural looking strong, but flexible nail treatment adding strength and condition to natural nails. Offers a permanent nail colour, which will not smudge or chip for up to 3 weeks.

_	Full Set Overlays	£	3
ı	Full Set Overlays & soak off	£	4
	Infills (2wks, inc up to 2 repairs)	£	5.
Щ	Infills (3wks, inc up to 3 repairs)	£	3
	Single Repairs	£	
_	Soak off	£	10
	SHELLAC NAILS		

#### Shellac file and polish Shellac Manicure £ 35 £ 40 Shellac Pedicure £ 65 Shellac Manicure and Pedicure combo

Shellac Soak off (half price when having a new set)

## WAXING

#### PHD Hair Removal

Unique PHD applicator waxing system, clean, hygienic and effective. Totally free of contamination, eliminating cross infection. 1/2 lea 1/2 lea and bikini line £ 26 3/4 lea £ 22 £ 30 3/4 leg and bikini line £ 27 Full lea Full leg and bikini line £ 35 Chest wax £ 26 Back wax £ 26 Combined Back & Chest wax £ 45 Arm wax £ 20 Rikini line classic £ 15 Brazillian £ 20 Plavbov £ 23 Hollywood £ 25 Underarm or Evebrow or Upper Lip or Chin £ 10\* \*Any 2 for £15 or Any 3 for £20 per person

## **EYE TREATMENTS**

Eyelash tint	£	15
Eyebrow tint	£	10
Eyelash and eyebrow tint	£	20
Eyebrow wax and tint	£	15
Express Eyelash extensions	£	45

## MAKE-UP

#### JANE IREDALE

£ 10

Mineral anti-ageing make-up designed to help skin reach it's optimum health whilst enhancing it's natural beauty - The Skincare Make-up

Makeover	£ 40
Bridal make-up	£ 55
Bridal make-up trial	£ 45